

2022 Section V Girls Swimming and Diving
Coaches Information 8/5/2022

Accounts for Facebook, Twitter, and Instagram - SecVGSwimDive

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1. 2022 Important Dates

Monday, August 22 First Day Practice
 Friday, October 21 Sectional Entries Open: www.section5swim.com
 Friday, October 21 Diving List Entries Open: www.cleanentries.com
 Monday, October 24 Sectional Entries Close, 8pm
 Tuesday, October 25 Sectional Entry Verification Due, 8pm
 Tuesday, October 25 Sectional Dive List Entries Close, midnight

2. 2022 Girls Swimming and Diving Committee

Name	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
Norm Schueckler	Girls Coordinator	sectionvgswwim@gmail.com	716-604-6329	716-604-6329	716-604-6329
John Doerner	Assistant Coordinator	websterswim@gmail.com		585-671-2214	585-576-0373
John Doerner	Class A Chair	websterswim@gmail.com		585-671-2214	585-576-0373
David Simon	Class B Chair	david_simon@eastiron.monroe.edu	585-339-1538		585-465-2521
Jeff Anthony	Class C Chair	janthony@mwcsd.org	585-554-6441 x 2417	315-538-8156	585-451-1281
Kathy Hoyt	Sect V Liaison - Swimming	kathy.hoyt@wflboces.org	315-332-7324		315-226-2097
Dave Salmon	Diving Entries	dwsalmon@rochester.rr.com			585-317-9445
John Coombs	Swim Website	john@computeraide.com			845-913-6570
Committee	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
Michael Mcnelis	Roch. City Ath. Conf.	mmcnelis@yahoo.com			585-734-1638
Chris Oaks	Finger Lakes League	christopher.oaks@palmacsd.org	315-597-3449		585-704-0142
Jimmy Welch	Livingston County	j.welch215@gmail.com			585-410-2722
Nikki Miller	Livingston County	nicole.miller@hornellcsd.org		585-315-6769	585-315-6769
John Doerner	Monroe County	websterswim@gmail.com		585-671-2214	585-576-0373
Betsy Mihm	Independent - Mercy	emihm@mercyhs.com			585-732-6624
Officials	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
Jim Risley	Southwest Officials	jriley6402@outlook.com		607-695-9018	607-769-0568
Russ Kenyon	Finger Lakes Officials	Russ@upstatediving.com		585-394-2068	585-314-2327
Sarah Caveglia	Monroe Cnty Officials	jeanjo87@gmail.com			630-404-9220
John Natti	2022 State Meet Starter	john.natti@gmail.com			585-330-0499
Scott Stepanek	2022 State Meet Official	scott.stepanek@gmail.com			585-749-3395

3. NYSPHSAA Swimming and Diving Requirements

- Practices may begin Monday August 22, 2022
- **6** Individual practices are required before the first scrimmage and/or competition.
- The maximum number of contests in which an **individual** competitor may participate in before Sectionals is **16**.

- All athletes **MUST** participate in at least 6 competitions to be eligible for Sectional Competition. If an athlete does not have 6 competitions due to medical reasons your athletic director must contact and file a waiver with section V (not the coordinator).

4. 2022 NYSPHSAA Voluntary Dive Schedule

➤ Start of Season – September 17	100 – Forward
➤ September 18 – September 24	200 – Back
➤ September 25 – October 1	400 – Inward
➤ October 2 – October 8	5000 – Twist
➤ October 9 – October 15	300 – Reverse
➤ October 16 – October 22	100 – Forward
➤ October 23 – October 29	200 – Back
➤ October 30 – November 5	400 – Inward

- ✓ If a school is competing outside of New York or is hosting a team outside of New York, coaches of both teams **MUST** agree on a voluntary dive 24 hours before the meet is contested.
- ✓ Meets rescheduled due to weather or some other unforeseen reason will use the dive from the originally scheduled date.
- ✓ Divers may use any dive from the scheduled group as their voluntary dive, but must be listed with a degree of difficulty no higher than 1.8.

Approved 5/10/2022: NYSPHSAA Girls Swimming and Diving Committee

5. Endorsed Website

- All schools are using the website; www.section5swim.com. The cost is **\$40 per school**. John Coombs can accept Purchase Orders. John will contact every head coach by email. Contact John if you need help with website at john@computeraide.com
- All coaches must update their team roster with **new athletes**. Please add USA numbers for your athletes. USA numbers are usually created from the birthdate, first 3 letters of first name(F), middle initial(M), first 4 letters of last name(L), with an asterisk (*) for any blanks. (MMDDYYFFMLLLL). Check with your athletes to be sure you are correct.
- Home Teams should enter ALL Varsity meet results on www.section5swim.com no later than **24 hours** after the meet.
 - o ****** To enter an Invitational or Multiple Team Meet, email a Meet Manager Backup file to john@computeraide.com

- **Online meet results are official verification for athletes qualifying for the New York State Championship.** Verification forms will ONLY be necessary if there is a dispute on a qualification.

6. Sectional Entry Procedures

- A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.
- Each team may enter up to 6 (six) athletes in each individual event. ONLY, each teams 4 (four) fastest swimmers and 4 highest scoring divers may advance beyond the PRELIMS.
- Each team may enter an A and B relay in prelims. Anyone may swim in those relays, even if not swimming an individual event. Swimming in a relay will count as one of the athletes 4 events. The A relays advance to finals, B relay swimmers **MAY NOT** switch over to the A relay in the finals.
- Divers **MUST** be entered into the meet. Submitting the diving list does not enter a diver into the meet.
- Entries open Friday Oct. 21st at www.section5swim.com and close Monday Oct. 24th at 8pm. **YOU MUST CLICK SUBMIT BUTTON.**
- Diving Lists must be entered at www.cleanentries.com starting Friday Oct 21st and closes Tuesday October 25th.
- If an expected entry time does not show on the website for a swimmer contact john@computeraide.com
- During the dual meet season any Sectional Qualifying time achieved in an exhibition heat or JV heat **MUST** be entered into our website. Add those times to the varsity meet as an exhibition heat.
- On Tuesday Oct. 25th you will receive a list of your Sectional entries for your team. Every coach **MUST** verify (double check) your entries are correct and email John, with an OK, 8pm that day. **AFTER Oct. 25th THERE WILL BE ABSOLUTELY NO CHANGES.**
- All Athletes **MUST** meet the following Sectional Qualifying times to be eligible for Sectional Competition. Times **should** appear on the www.section5swim.com website by the time Sectional Entries begin.

7. 2022 Sectional, State, and All-American Standard

Event	Class A	Class B	Class C	State	AA CON	AA AUTO
200 M Relay	A scoring relay, B exhibition relay			1:52.35	1:46:16	1:44:25
200 Free	2:25.00	2:25.00	2:30.00	1:57.24	1:50:56	1:48.76
200 IM	2:48.00	2:48.00	3:00.00	2:12.84	2:03:55	2:01:46
50 Free	29.50	29.50	31.00	24.84	23.53	23.17
Diving	(6) 130.00	(6) 130.00	(6) 130.00	(11) 440.00	Video	Video
100 Fly	1:22.00	1:22.00	1:28.00	1:00.02	55.48	54.39
100 Free	1:05.00	1:05.00	1:09.00	54.36	51.00	50.17
500 Free	6:40.00	6:40.00	6:55.00	5:14.65	4:57:06	4:52.54
200 Fr Relay	A scoring relay, B exhibition relay			1:41.69	1:36.73	1:35.33
100 Back	1:20.00	1:20.00	1:24.00	1:00.42	55.83	54.75
100 Breast	1:26.00	1:26.00	1:32.00	1:08.60	1:03.75	1:02.58
400 Fr Relay	A scoring relay, B exhibition relay			3:42.73	3:30.90	3:27.49
* In addition to the 6 dive 130.00 pt. score, all divers and their coach MUST sign the 11 dive entry which indicates the diver is capable of performing all 11 dives (NFHS Swimming Rules).						
Note: AA Con/Auto - All American Consideration and Automatic						

- All-American application information at: www.niscaonline.org

8. Sectional Awards

- Class Champions receive a trophy, patches, individual medals and T-shirts. The team runner-up receives individual medals.
- Event winners receive patches (white - relays, blue – individual events), individual medals and T-shirt(s).
- Ribbons for places 2-16 in all events.

9. 2022 Sectional Classifications

Class A

Rochester City School District	6064
Greece Arcadia/Athena/Olympia/Odyssey	2531
Webster Schroeder/Thomas	1904
Pittsford Mendon/Sutherland	1406
Fairport	1346
Rush-Henrietta	1250
Victor/Bloomfield	1086
Penfield	1085
Hilton	1022
Brighton	969

Class B

Churchville-Chili	911
Spencerport	848
Gates-Chili	839
Canandaigua	822
Irondequoit	819
Brockport	729
Mercy	708
Eastridge	696
Gananda/Wayne	560
Honeoye Falls-Lima	521

Class C

Palmyra-Macedon	486
Newark/Lyon	476
Midlakes/Red Jacket	411
Livonia	399
Hornell	353
Haverling	315
Wayland-Cohocton	305
Wellsville	293
Dansville	291
Letchworth/Perry	269
Marcus Whitman	266

10. 2022 Diving Sectionals - \$6.00 Online, \$8.00 At Door

- Class A Saturday, Oct. 29 Churchville-Chili, Warmup 8:00, Meet 10:00
- Class B & C Saturday, Oct. 29 Churchville-Chili, Warmup 2:00, Meet 4:00

11. 2022 Swimming Sectional Prelim - \$6.00 Online, \$8.00 At Door

- Class C Tuesday, November 1 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
- Class B Wednesday, November 2 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
- Class A Thursday, November 3 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet

12. 2022 Swimming Sectional Finals - \$6.00 Online, \$8.00 At Door

- Class C Friday, November 4 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
 - Class B Saturday, November 5 Webster Aquatic Center
8:45 am Warm Up, 10:00 am Meet
 - Class A Saturday, November 5 Webster Aquatic Center
1:45 pm Warm Up, 3:00 pm Meet
- Awards will be given IMMEDIATELY AFTER EACH EVENT, before warm downs. Ribbons and Patches will be put in an envelope for each team. A presentation patch will be presented to all winners, 2nd-16th place cards on the stand. Top 16 will still be expected at the awards stand for recognition and pictures.

13. 2022 New York State Championship at Webster Aquatic Center

- All Athletes **MUST** meet the State Qualifying times/scores to eligible for State Competition. All athletes **MUST** compete in Sectionals.
- If the state time/score is achieved at any time other than sectionals the State Verification Form **SHOULD** be completed and kept by the coach. The State Verification form serves as proof the time, or score was achieved.
- **A diver can ONLY qualify for states with 5 judges**
- State meet entries will be done exactly the same online as Sectionals except the Coordinator will verify them.
- Schools are not allowed to enter and bring alternates for relays.

- **Only** head coaches and diving coaches will be allowed on deck. No one is allowed on the deck without credentials, they will be checked at the door. And on the deck during the meet. Please don't force us to remove and embarrass you at the meet. There will NOT be a coach's hospitality room.
- Thursday November 17 Open Practice 2:00pm-6:45pm
- Friday November 18 Swim Prelims 10:00am
- Diving – 11 dives 2:30pm
- Saturday November 19 Swim Finals 10:00am

States 2023, 2024 Webster Aquatic Center

* Volunteers will be needed on the deck at States, that could be a way you could be on deck.

14. Section V & NYSPHSAA Girls Swimming and Diving Records

EVENT	CLASS A - meet	CLASS B - meet	CLASS C - meet	SECTION V	NYSPHSAA STATE
200 MEDLEY	1:43.81	1:47.21	1:52.04	1:43.81	LONG BEACH
RELAY	2017	2018	2013	2017	2016
	PITTSFORD	BRIGHTON	BATH	PITTSFORD	1:43.21
200 FREE	1:48.77	1:52.78	1:58.04	1:47.39	1:46.15
	2016	2012	2010	2016	2019
	LINDSAY STONE	SARAH BAXTER	SARAH MOSCA	LINDSAY STONE	CHLOE STEPANEK
	Pittsford	Canandaigua	Dansville	Pittsford	Northport
200 IM	2:02.55	2:05.20	2:10.92	2:02.55	1:58.29
	2019	2007	2015	2019	2005
	MEGAN DEUEL	BRITTNEY KURAS	COURTNEY COPPER	MEGAN DEUEL	JULIA SMIT
	Pittsford	Canandaigua	Marcus Whitman	Pittsford	Mount Sinai
50 FREE	22.78	23.25	23.93	22.72	22.21
	2015	2012	2002	2015	2016
	KATIE SMITH	CARI STANKAITIS	LIBBY SNYDER	KATIE SMITH	KATHERINE DOUGLASS
	Pittsford	Honeoye Falls-Lima	Honeoye Falls-Lima	Pittsford	Pelham
DIVING	576.80	569.75 pts	509.85 pts	576.80	561.80 pts
	2021	2018	2015	2021	1999
	SOPHIE MEUWISSEN	HANNAH BUTLER	COLETTE ANIKWUE	SOPHIE MEUWISSEN	CASSANDRA CARDINELL
	Fairport	Brighton	Letchworth	Fairport	Shaker
100 FLY	54.25	56.21	56.94	52.95	52.95
	2019	2019	2003	2019	2019
	MEGAN DEUEL	MING NA XU	LAUREN BONFE	MEGAN DEUEL	MEGAN DEUEL
	Pittsford	Brighton	Alfred-Almond	Pittsford	Pittsford
100 FREE	50.37	50.45	52.66	50.37	48.54
	2017	2012	2002	2017	2016
	TONI NACCARELLA	CARI STANKAITIS	LIBBY SNYDER	TONI NACCARELLA	KATHERINE DOUGLASS
	Penfield	Honeoye Falls-Lima	Honeoye Falls-Lima	Penfield	Pelham
500 FREE	4:46.80	5:06.16	5:16.88	4:46.80	4:44.59
	2016	2002	2018	2016	2021
	LINDSAY STONE	LAUREN TIMBY	RACHAEL MAYOU	LINDSAY STONE	ALEXA REYNA
	Pittsford	Irondequoit	Palmyra-Macedon	Pittsford	White Plains
200 FREE	1:34.22	1:38.31	1:41.95	1:33.77	1:33.77
RELAY	2015	2006	2003	2015	2015
	PITTSFORD	CANANDAIGUA	HONEOYE FALLS-LIMA	PITTSFORD	PITTSFORD
100 BACK	55.18	56.64	58.27	53.82	53.36
	2007	2020	2011	2019	2016
	JENNY LEWIS	MING NA XU	DANYEL JOHNSON	MEGAN DEUEL	KRISTEN ROMANO
	Pittsford	Brighton	Dansville	Pittsford	Long Beach
100 BREAST	1:05.46	1:04.52	1:06.23	1:04.52	59.85
	1999	2015	2015	2015	2016
	LINDSAY KIRCHOFF	GRACE BAUMER	COURTNEY COPPER	GRACE BAUMER	MARGARET AROESTY
	Webster	Honeoye Falls-Lima	Marcus Whitman	Honeoye Falls-Lima	Long Beach
400 FREE	3:27.89	3:34.82	3:39.11	3:25.24	3:25.24
RELAY	2015	2013	2011	2015	2015
	PITTSFORD	CANANDAIGUA	DANSVILLE	PITTSFORD	PITTSFORD
Note: The Section 5 diving record can only be set at Sectionals or States					
The NYSPHSAA record can only be set at States					

Section V State Meet Qualifying Verification

Coaches MUST hold onto their own verification forms
Coordinator will call for forms if needed

Date _____ School _____ Meet Site _____

PLEASE PRINT

Individual Events

	<u>Athlete Name/Grade</u>	<u>Event</u>	<u>Time/Score</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

***** A diver may only qualify for states with 5 judges *****

Relay Events

200 Medley Relay	200 Free Relay	400 Free Relay
Time _____	Time _____	Time _____
Athlete Names/Grades	Athlete Names/Grades	Athlete Names/Grades
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I certify that performances listed above are accurate and was performed in a NYSPHSAA meet in accordance with NFHS rules.

Referee (Signed) _____ Date _____

Referee Name (Please Print) _____ Phone _____

Coach (Signed) _____ Date _____

Coach Name (Please Print) _____ Phone _____

SCHOOL CERTIFICATION FOR SECTIONALS

This school certification form MUST be submitted and signed before any athlete from your team competes in any Sectional Competitions.

I hereby state that all the student athletes whose names appear on the entry form meet all School, Section V, and NYSPHSAA regulations for competition in the 2022 Section V Girls Swimming and Diving Championships.

Class A - send to John Doerner - websterswim@gmail.com

Class B – send to Dave Simon - david_simon@eastiron.monroe.edu

Class C – send to Jeff Anthony - janthony@mwcsd.org

Coach _____ (Print)]

Signature _____ (Sign)

School _____ (Print)

Name (AD or Principal) _____ (Print)

Title _____ (Print)

Signature _____ (Sign)

Date _____ (MM/DD/YY)