

2021 Section V Girls Swimming and Diving
Coaches Information 8/18/2021

Accounts for Facebook, Twitter, and Instagram - SecVGSwimDive

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1. 2021 Important Dates

Monday, August 23	First Day Practice
Friday, October 22	Sectional Entries Open: www.section5swim.com
Friday, October 22	Diving List Entries Open: www.cleanentries.com
Monday, October 25	Sectional Entries Close, 8pm
Tuesday, October 26	Sectional Entry Verification Due, 8pm
Tuesday, October 26	Sectional Dive List Entries Close, midnight

2. 2021 Girls Swimming and Diving Committee

Name	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
Norm Schueckler	Girls Coordinator	norman.schueckler@hflesd.org	716-604-6329	716-604-6329	716-604-6329
John Doemer	Assistant Coordinator	websterswim@gmail.com		585-671-2214	585-576-0373
John Doemer	Class A Chair	websterswim@gmail.com		585-671-2214	585-576-0373
David Simon	Class B Chair	david_simon@eastiron.monroe.edu	585-339-1523		585-465-2521
Jeff Anthony	Class C Chair	janthony@mwcsd.org	585-554-6441 x 2417	315-538-8156	585-451-1281
Kathy Hoyt	Sect V Liaison - Swimming	kathy.hoyt@wflbores.org	315-332-7324		315-226-2097
Dave Salmon	Diving Entries	dwsalmon@rochester.rr.com			585-317-9445
John Coombs	Swim Website	john@computeraide.com			845-913-6570
Committee	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
	Roch. City Ath. Conf.				
Chris Oaks	Finger Lakes League	christopher.oaks@palmaccsd.org	315-597-3449		585-704-0142
Jimmy Welch	Livingston County	jwelch@wccsk12.org			585-410-2722
Nikki Miller	Livingston County	nmiller@wccsk12.org	585-728-2366	585-315-6769	585-315-6769
John Doemer	Monroe County	websterswim@gmail.com		585-671-2214	585-576-0373
	Independent - Mercy				
Officials	Title/Affiliation	E-Mail	Phone Day	Phone Home	Cell
Jim Barrett	Southwest Officials	jbarrett14533@gmail.com		585-243-4385	
Russ Kenyon	Finger Lakes Officials	Russ@upstatediving.com		585-394-2068	585-314-2327
Sue Raymond	Monroe Cnty Officials	suearaymond595@gmail.com		585-359-2860	585-260-5514
Jackie Miller	2021 State Meet Official	jzaganian@rochester.rr.com			585-329-6680

3. NYSPHSAA Swimming and Diving Requirements

- Practices may begin Monday August 23, 2021
- 6 Individual practices are required before the first scrimmage and/or competition.
- The maximum number of contests in which an **individual** competitor may participate in before Sectionals is 16.
- **All athletes MUST participate in at least 6 competitions to be eligible for Sectional Competition.** If an athlete does not have 6 competitions

due to medical reasons your athletic director must contact and file a waiver with section V (not the coordinator).

4. 2021 NYSPHSAA Voluntary Dive Schedule

➤ Start of Season – September 18	100 – Forward
➤ September 19 – September 25	200 – Back
➤ September 26 – October 2	400 – Inward
➤ October 3 – October 9	5000 – Twist
➤ October 10 – October 16	300 – Reverse
➤ October 17 – October 23	100 – Forward
➤ October 24 – October 30	200 – Back
➤ October 31 – November 6	400 – Inward

- ✓ If a school is competing outside of New York or is hosting a team outside of New York, coaches of both teams **MUST** agree on a voluntary dive 24 hours before the meet is contested.
- ✓ Meets rescheduled due to weather or some other unforeseen reason will use the dive from the originally scheduled date.
- ✓ Divers may use any dive from the scheduled group as their voluntary dive, but must be listed with a degree of difficulty no higher than 1.8.

Approved 5/11/2021: NYSPHSAA Girls Swimming and Diving Committee

5. Endorsed Website

- All schools are using the website; www.section5swim.com. The cost is **\$40 per school**. John Coombs can accept Purchase Orders. John will contact every head coach by email. Contact John if you need help with website at john@computeraide.com
- All coaches must update their team roster with **new athletes**. Please add USA numbers for your athletes. USA numbers are usually created from the birthdate, first 3 letters of first name(F), middle initial(M), first 4 letters of last name(L), with an asterisk (*) for any blanks. (MMDDYYFFMLLLL). Check with your athletes to be sure you are correct.
- Home Teams should enter ALL Varsity meet results on www.section5swim.com no later than **24 hours** after the meet.
 - ** To enter an Invitational or Multiple Team Meet, email a Meet Manager Backup file to john@computeraide.com
- **Online meet results are official verification for athletes qualifying for the New York State Championship**. Verification forms will ONLY be necessary if there is a dispute on a qualification.

6. Sectional Entry Procedures

- A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.
- Each team may enter up to 6 (six) athletes in each individual event. ONLY, each teams 4 (four) fastest swimmers and 4 highest scoring divers may advance beyond the PRELIMS.
- Each team may enter an A and B relay in prelims. Anyone may swim in those relays, even if not swimming an individual event. Swimming in a relay will count as one of the athletes 4 events. The A relays advance to finals, B relay swimmers **MAY NOT** switch over to the A relay in the finals.
- Divers **MUST** be entered into the meet. Submitting the diving list does not enter a diver into the meet.
- Entries open Friday Oct. 22nd at www.section5swim.com and close Monday Oct. 25th at 8pm. **YOU MUST CLICK SUBMIT BUTTON.**
- Diving Lists must be entered at www.cleanentries.com starting Friday Oct 22nd and closes Tuesday October 26th.
- If an expected entry time does not show on the website for a swimmer contact john@computeraide.com
- During the dual meet season any Sectional Qualifying time achieved in an exhibition heat or JV heat **MUST** be entered into our website. Add those times to the varsity meet as an exhibition heat.
- On Tuesday Oct. 26th you will receive a list of your Sectional entries for your team. Every coach **MUST** verify (double check) your entries are correct and email John, with an OK, by 8pm that day. **AFTER THAT DAY THERE WILL BE ABSOULETLY NO CHANGES.**
- All Athletes **MUST** meet the following Sectional Qualifying times to eligible for Sectional Competition. Times **should** appear on the www.section5swim.com website by the time Sectional Entries begin.

7. 2021 Sectional, State, and All-American Standards

Event	Class A	Class B	Class C	State	AA CON	AA AUTO
200 M Rel	A scoring relay, B exhibition relay			1:52.35	1:46.21	1:44.21
200 Free	2:25.00	2:25.00	2:30.00	1:57.24	1:50.57	1:48.74
200 IM	2:48.00	2:48.00	3:00.00	2:12.84	2:03.64	2:01.51
50 Free	29.50	29.50	31.00	24.84	23.54	23.20
Diving	(6) 130.00	(6) 130.00	(6) 130.00	(11) 440.00	video	video
100 Fly	1:22.00	1:22.00	1:28.00	1:00.02	55.49	54.42
100 Free	1:05.00	1:05.00	1:09.00	54.36	51.05	50.19
500 Free	6:40.00	6:40.00	6:55.00	5:14.65	4:56.85	4:52.18
200 Fr Rel	A scoring relay, B exhibition relay			1:41.69	1:36.94	1:35.36
100 Back	1:20.00	1:20.00	1:24.00	1:00.42	55.92	54.80
100 Breast	1:26.00	1:26.00	1:32.00	1:08.60	1:03.80	1:02.58
400 Fr Rel	A scoring relay, B exhibition relay			3:42.73	3:31.02	3:27.65
* In addition to the 6 dive 130.00 pt. score, all divers and their coach MUST sign the 11 dive entry which indicates the diver is capable of performing all 11 dives (NFHS Swimming Rules).						
Note: AA Con/Auto - All American Consideration and Automatic						

- All-American application information at: www.niscaonline.org

8. Sectional Awards

- Class Champions receive a trophy, patches, individual medals and T-shirts. The team runner-up receives individual medals.
- Event winners receive patches (white - relays, blue - individual events), and T-shirt(s).
- Ribbons for places 2-16 in all events.

9. 2021 Classifications

CLASS A

Rochester City School District United	6091
Greece Arcadia/Athena/Olympia/Odyssey	2364
Webster Schroeder/Thomas	1902
Pittsford Mendon/Sutherland	1406
Fairport	1316
Rush-Henrietta	1196
Victor/Bloomfield	1102
Hilton	1082
Penfield	1022
Brighton	929

CLASS B

Churchville-Chili	899
Gates-Chili	840
West Irondequoit	840
Our Lady of Mercy	828
Spencerport	809
Canandaigua	776
Brockport	686
Eastridge	681
Gananda/Wayne	563
Newark/Lyons	545
Honeoye Falls-Lima	524

CLASS C

Palmyra-Macedon	455
Midlakes/Red Jacket	397
Hornell	384
Livonia	350
Dansville	326
Haverling	326
North Rose-Wolcott	291
Wayland-Cohocton	278
Wellsville	273
Marcus Whitman	254
Letchworth	212

Incomplete Teams: East Rochester

9. 2021 Diving Sectionals - \$5.00 Admission

- Class A, B, C Friday or Saturday, October 29th or 30th
- Class A & B Churchville-Chili
- Class C Livonia

10. 2021 Swimming Sectional Preliminaries - \$5.00

- Class C Tuesday, November 2 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
- Class B Wednesday, November 3 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
- Class A Thursday, November 4 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet

12. 2021 Swimming Sectional Finals - \$5.00

- Class C Friday, November 5 Webster Aquatic Center
3:45 pm Warm Up, 5:00 pm Meet
- Class B Saturday, November 6 Webster Aquatic Center
8:45 am Warm Up, 10:00 am Meet
- Class A Saturday, November 6 Webster Aquatic Center
1:45 pm Warm Up, 3:00 pm Meet
- Awards will be given IMMEDIATELY AFTER EACH EVENT, before warm downs. Ribbons and patches will be put in an envelope for each team. A presentation patch will be presented to all winners, 2nd-16th place dummy awards on the stand. Top 16 will still be expected at the awards stand for recognition and pictures.

13. 2021 New York State Championship at Ithaca College

- All Athletes **MUST** meet the State Qualifying times/scores to eligible for State Competition. All athletes **MUST** compete in Sectionals.
- If the state time/score is achieved at any time other than sectionals the State Verification Form **SHOULD** be completed and kept by the coach. The State Verification form serves as proof the time, or score was achieved.
- **A diver can ONLY qualify for states with 5 judges**
- State meet entries will be done exactly the same as Sectionals except the Coordinator will verify them.
- Schools are not allowed to enter and bring alternates for relays.
- **Only** head coaches and diving coaches will be allowed on deck. No one is allowed on the deck without credentials, they will be checked at the door. There will NOT be a coach's hospitality room.
- Thursday November 18 Open Practice 2:00pm-6:45pm
- Friday November 19 Swim Prelims 9:30am
- Diving - 11 dives 4:00pm
- Saturday November 20 Swim Finals 10:30am

States 2022, 2023, 2024 Webster Aquatic Center

Section V & NYSPHSAA Girls Swimming and Diving Records

EVENT	CLASS A - meet	CLASS B - meet	CLASS C - meet	SECTION V	NYSPHSAA STATE
200 MEDLEY RELAY	1:43.81 2017 PITTSFORD	1:47.21 2018 BRIGHTON	1:52.04 2013 BATH	1:43.81 2017 PITTSFORD	LONG BEACH 2016 1:43.21
200 FREE	1:48.77 2016 LINDSAY STONE Pittsford	1:52.78 2012 SARAH BAXTER Canandaigua	1:58.04 2010 SARAH MOSCA Dansville	1:47.39 2016 LINDSAY STONE Pittsford	1:46.15 2019 CHLOE STEPANEK Northport
200 IM	2:02.55 2019 MEGAN DEUEL Pittsford	2:05.20 2007 BRITTNEY KURAS Canandaigua	2:10.92 2015 COURTNEY COPPER Marcus Whitman	2:02.55 2019 MEGAN DEUEL Pittsford	1:58.29 2005 JULIA SMIT Mount Sinai
50 FREE	22.78 2015 KATIE SMITH Pittsford	23.25 2012 CARI STANKAITIS Honeoye Falls-Lima	23.93 2002 LIBBY SNYDER Honeoye Falls-Lima	22.72 2015 KATIE SMITH Pittsford	22.21 2016 KATHERINE DOUGLASS Pelham
DIVING	560.20 pts 2008 JENNY CHIANG Fairport	569.75 pts 2018 HANNAH BUTLER Brighton	509.85 pts 2015 COLETTE ANIKWUE Letchworth	569.75 pts 2018 HANNAH BUTLER Brighton	561.80 pts 1999 CASSANDRA CARDINELL Shaker
100 FLY	54.25 2019 MEGAN DEUEL Pittsford	56.21 2019 MING NA XU Brighton	56.94 2003 LAUREN BONFE Alfred-Almond	52.95 2019 MEGAN DEUEL Pittsford	52.95 2019 MEGAN DEUEL Pittsford
100 FREE	50.37 2017 TONI NACCARELLA Penfield	50.45 2012 CARI STANKAITIS Honeoye Falls-Lima	52.66 2002 LIBBY SNYDER Honeoye Falls-Lima	50.37 2017 TONI NACCARELLA Penfield	48.54 2016 KATHERINE DOUGLASS Pelham
500 FREE	4:46.80 2016 LINDSAY STONE Pittsford	5:06.16 2002 LAUREN TIMBY Irondequoit	5:16.88 2018 RACHAEL MAYOU Palmyra-Macedon	4:46.80 2016 LINDSAY STONE Pittsford	4:46.80 2016 LINDSAY STONE Pittsford
200 FREE RELAY	1:34.22 2015 PITTSFORD	1:38.31 2006 CANANDAIGUA	1:41.95 2003 HONEOYE FALLS-LIMA	1:33.77 2015 PITTSFORD	1:33.77 2015 PITTSFORD
100 BACK	55.18 2007 JENNY LEWIS Pittsford	56.64 2020 MING NA XU Brighton	58.27 2011 DANYEL JOHNSON Dansville	53.82 2019 MEGAN DEUEL Pittsford	53.36 2016 KRISTEN ROMANO Long Beach
100 BREAST	1:05.46 1999 LINDSAY KIRCHOFF Webster	1:04.52 2015 GRACE BAUMER Honeoye Falls-Lima	1:06.23 2015 COURTNEY COPPER Marcus Whitman	1:04.52 2015 GRACE BAUMER Honeoye Falls-Lima	59.85 2016 MARGARET AROESTY Long Beach
400 FREE RELAY	3:27.89 2015 PITTSFORD	3:34.82 2013 CANANDAIGUA	3:39.11 2011 DANSVILLE	3:25.24 2015 PITTSFORD	3:25.24 2015 PITTSFORD

Section V State Meet Qualifying Verification

Coaches MUST hold onto their own verification forms
Coordinator will call for forms if needed

Date _____ School _____ Meet Site _____

PLEASE PRINT

Individual Events

	<u>Athlete Name/Grade</u>	<u>Event</u>	<u>Time/Score</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

***** A diver may only qualify for states with 5 judges *****

Relay Events

200 Medley Relay	200 Free Relay	400 Free Relay
Time _____	Time _____	Time _____
Athlete Names/Grades	Athlete Names/Grades	Athlete Names/Grades
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I certify that performances listed above are accurate and was performed in a NYSPHSAA meet in accordance with NFHS rules.

Referee (Signed) _____ **Date** _____

Referee Name (Please Print) _____ **Phone** _____

Coach (Signed) _____ **Date** _____

Coach Name (Please Print) _____ **Phone** _____

SCHOOL CERTIFICATION FOR SECTIONALS

This school certification form MUST be submitted and signed before any athlete from your team competes in any Sectional Competitions.

I hereby state that all the student athletes whose names appear on the entry form meet all School, Section V, and NYSPHSAA regulations for competition in the 2019 Section V Girls Swimming and Diving Championships.

Class A - send to John Doerner - websterswim@gmail.com

Class B – send to Dave Simon - david_simon@eastiron.monroe.edu

Class C – send to Jeff Anthony - janthony@mwcsd.org

Coach _____(Print)]

Signature _____(Sign)

School _____ (Print)

Name (AD or Principal) _____ (Print)

Title _____ (Print)

Signature _____ (Sign)

Date _____ (MM/DD/YY)